

# **Expressions of Faith**

## **Finding Direction in the Book of Hebrews**

By  
**C. R. Downing**

### **Weekly Tasks**

*Formatted with more space to write.*

**ISBN:**

**© 2021**

PREFACE

*“Approach the Bible not only as a book which was once spoken, but a book which is now speaking. God’s speaking is in the continuous present.” A. W. Tozer (1897-1963)*

I helped lead a study of the book *The Way of a Worshiper* by Buddy Owens. The study was over several weeks in my Sunday morning life group. The following paragraph changed the way I read my Bible.

*“The Scriptures are starting points in our conversations with God. So how do you let the Bible direct your prayer life? Let me suggest a method:*

*Read for depth, not for distance.”*

Buddy Owens. “The Way of a Worshiper.” (2005)

ISBN: 1-4174-9999-1. Pages 115-116

Owens goes on to explain that when you spend more than one morning reading a passage, you notice new truths every day. He uses the analogy of driving on freeways to get to your destination versus driving along scenic routes, taking in the beauty and uniqueness of the area.

I embraced that Bible reading strategy. That’s why I have notes on so many verses.

Those notes morphed into this **Expressions of Faith** series.

*“Our Bible reading should not be a marathon but a slow deliberate soaking in of its message.” A. W. Tozer*

This is not a typical book of devotional readings and responses, although there is space to write in this book. What you write varies in form and content. Most writing is not answers to questions.

**I know some readers won’t write in any book.**

- **I hope you use this resource and complete the writing prompts.**

**I know some readers want more space to write can provide in a 6”x9” book.**

- **This PDF file expands the size of the area provided for writing to a regular 8.5” x 11” paper.**

**Now,  
Write on!**

## RECOMMENDED PROCESS

- Each of the fifty-two numbered devotionals is designed to keep you focused on depth not distance.
- The suggested timeline for each devotional is one week.
- Day 1
  1. Read the entire section or chapter of Hebrews that includes the printed verses.
  2. Read the devotional thought including the Scripture at the top of the page.
  3. Then Express Your Faith this Week by completing the three tasks.
    - Pray every day.
    - Think.
    - Do.
- Days 2-7
  1. Repeat steps 1, 2, and 3.
- I taught high school and college classes full-time for thirty-nine years.
  - I know full well that some of you independent souls will not follow the above recommended process.
  - If you're one of those, chances are you'll never read this bullet point.
  - Ultimately, how you complete this devotional book is less important than completing it. Nevertheless, I hope you'll give the recommended process a try before you decide not to follow it.
- You might be asking, "What's with the bullet points?"
- Then, again, you might not be asking that.
- Whether you are asking or not, here's the reason.
  - Each bullet point focuses on a single idea in the daily devotional.
  - Most are one sentence long.
  - You're more likely to read the entire bulleted list than you are to read two full paragraphs.
- Thank you for your support of this **Expressions of Faith** book.
- I pray that you'll find new truth and experience a deeper relationship with God as you spend the next fifty-two weeks in the book of Hebrews.

Hebrews Expressions of Faith

1. How God Speaks

**Express Your Faith this Week**

- **Pray every day.** Ask for insights from the reading before each reading session.
- **Think.** Read from one or more of the Gospels. Focus on one idea you feel God directing you to think about.
- **Do.** Write a bullet point list about what God is saying to you through two ideas you had while reading the passages of Scripture.

Passage 1 _____	Passage 2 _____
•	•
•	•
•	•
•	•
•	•
•	•
•	•
•	•
•	•
•	•

- How will you explore one or more of the observations and ideas you felt God speaking to you in the passages above?

---

---

---

---

---

---



*3. Superior to Angels – Part 1*

**Express Your Faith this Week**

- **Pray every day.** Spend time praying prayers of thanksgiving to God.
- **Think.** How do you feel when you think about the fact that God’s Son did not ask for angelic intervention when he was tempted in the desert (Matthew 4:1-11)? Or when He was dying on the cross (John 19:28-30)?
- **Do.** Write your answers to the questions above.

**When Jesus was tempted in the desert...**

---

---

---

---

---

---

---

---

---

---

**When Jesus was dying on the cross...**

---

---

---

---

---

---

---

---

---

---

---

---



*5. Superior to Angels – Part 3*

**Express Your Faith this Week**

- **Pray every day.** Concentrate on one characteristic of God each day.
- **Think.** In verses 10-12, although it sounds like God is speaking in the third person, he’s speaking to Jesus as part of the Trinity. What characteristics of God do you find in those verses?
- **Do.** Write at least five questions for an interview between a reporter from the Israel Daily News and a shepherd on the night of Jesus’ birth. **(Luke 2)** Make sure that the reporter’s questions focus on key points from “Superior to Angels” Part 2 and Part 3.

<b>Title</b>	
<b>Reporter</b>	
<b>Shepherd</b>	
<b>Reporter</b>	
<b>Shepherd</b>	
<b>Reporter</b>	
<b>Shepherd</b>	
<b>Reporter</b>	
<b>Shepherd</b>	
<b>Reporter</b>	
<b>Shepherd</b>	
<b>Reporter</b>	
<b>Shepherd</b>	



*6. Superior to Angels – Part 4*

**Express Your Faith this Week**

- **Pray every day.** Give thanks for God’s care in your life and in the lives of others.
- **Think.** Look back at **Superior to Angels Parts 1-3**. Compare your ideas of angels before these devotionals to what you now understand.
- **Do.** Fill in the T-chart contrasting your understanding of angels and their purpose before and after the series.

Ideas Before	Understandings After
•	•
•	•
•	•
▪	▪
▪	▪
▪	▪
▪	▪
•	•
•	•
▪	▪
▪	▪
▪	▪
▪	▪



Hebrews Expressions of Faith

7. Pay Attention

Express Your Faith this Week

- **Pray every day.** Ask God for increased understanding in specific areas of your walk with Him.
- **Think.** Fill in the T-chart. On one side list ways you are paying attention to God’s great salvation. On the other side, make a list of the ways you’re ignoring that salvation.

I’m paying attention by...	I’m ignoring salvation by/when...
•	•
•	•
•	•
•	•
•	•

- **Do.** Select one item from the **ignoring** side of your T-chart. Outline a plan to increase your awareness in that area in the space below. Ask God to help you follow your plan.

I choose \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

*8. Signs and Wonders*

**Express Your Faith this Week**

- **Pray every day.** Ask God to help you see signs and wonders as they happen in and around your life.
- **Think.** What gifts and talents do you have?  
Here's a link to an online Spiritual Gift Survey from Team Ministry. <https://goo.gl/Whq5dx>. If you don't know your gifts, take this before you continue. Which of those talents and gifts are you using for His Kingdom?
- **Do.** Write your answer for this question.  
**1.** How are you demonstrating and using your gifts of the Holy Spirit distributed according to his will?  
If you can't think of an answer for that question, select two or three of your Spiritual Gifts and answer this one: **2.** How can I use these Spiritual Gifts for His Kingdom?

**My Top Five Spiritual Gifts**

Put a check mark (✓) after the ones you are using now.

---

1.

---

2.

---

3.

---

4.

---

5.

---

---

**My answer to question 1 or 2.** (Circle the correct number.)

---

---

---

---

---

---

---

---

---

---

*9. Subjected*

**Express Your Faith this Week**

- **Pray every day.** Ask God to reveal areas of your life where you are not subject to Him. Then, turn all areas of your life over to God’s control in a prayer of submission.
- **Think.** What does it mean to be subject to God?
- **Do.** Outline a five-step plan of action to increase God’s role in your life as one of his voluntary subjects. Include a starting date for implementing that plan.

**Starting date of my plan:** \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

- How will you keep track of your progress of implementing your plan?

*10. Family*

**Express Your Faith this Week**

- **Pray every day.** Ask God for an increased awareness of His holiness and for an infilling of the Holy Spirit in your heart and soul.
- **Think.** The term holy is abused in our culture. To many Americans, non-Christians and Christians, it conjures up images of self-righteous people pointing fingers and shaking heads at sinners. Why?
- **Do.** Try your hand at writing a haiku poem or two about God’s family.
  - A traditional Japanese **haiku** is a three-line poem with seventeen syllables, written in a 5/7/5 syllable count.

Green/ and/ speck/led /legs,  
Hop/ on/ logs/ and/ lil/y /pads  
Splash/ in/ cool/ wa/ter.

- It’s okay to write in any poetic format. God accepts you—and your poetry—just the way you are and it is!

**My haiku(1)**

---

---

---

---

**My haiku(2)**

---

---

---

---



*12. Help's at Hand*

**Express Your Faith this Week**

- **Pray every day.** Thank Jesus for his willingness to give up His heavenly existence and live as a human being for a time, so He can base His help on experience.
- **Think.** Read all of Hebrews Chapters 1 and 2. What verses stand out from the rest? Why?
- **Do.** Write your own bullet-point devotional. Include a title and ways to **Express Your Faith this Week**. Add more bullets if you need to. Even if you can't figure out what to do besides the bullet points, do those!

*12a* - \_\_\_\_\_

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**Express Your Faith this Week**

**Pray every day.**

---

**Think.**

---

**Do.**

---

---







Hebrews Expressions of Faith

*14. A House of Christ*

**Express Your Faith this Week**

- **Pray every day.** Promising to be faithful to God’s call on your life as God’s house, the spiritual strength to act on that faith, and what you need to change to make your house a true house of God.
- **Think.** What kind of house am I building? What am I boasting about?
- **Do.** Draw a cartoon about “we are His house.” It can be humorous or serious.
  - If you’re not an artist, imagine a scene that represents “we are His house.” List five objects in the scene and describe or explain the purpose of each in the scene.
  - The blank space below is for the cartoon. Space for your list is below that.

**Cartoon**

**Scene Description and Explanations**

Characteristics/Objects	Description/Explanation
•	
•	
•	
•	
•	

*15. Hard Hearts*

**Express Your Faith this Week**

- **Pray every day.** Ask God to give you a heart softened by His presence.
- **Think.** Read all of Hebrews Chapter 3. What verses stand out from the rest as you read? Why?
- **Do.** Write a list of bullet points of the truths for causes and preventions for hardening the heart that you uncovered in your reading.
  - See Psalm 73:7, 119, 70, Hosea 10:12, Zechariah 7:12, 1 Samuel 6:6, Mark 6:52, Ephesians 4:18 for clues and suggestions.

Causing hardening of the heart	Preventing hardening of the heart
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪

*16. No Value?*

**Express Your Faith this Week**

- **Pray every day.** Confess the mistakes you've made. Thank God for those experiences that ended with a positive impact in your life. Ask forgiveness for experiences that had a negative impact.
- **Think.** What things do you value and why?
- **Do.** Fill in the three-column table with five items you value, why you value them, and how they impact your journey of faith.

<b>Items I value</b>	<b>Why I value this item</b>	<b>Impact of the item</b>
1.		
2.		
3.		
4.		
5.		

- How can you explore ways to expand your list of items you value that positively impact your faith?

---

---

---

---

---

---

*17. Swordplay*

**Express Your Faith this Week**

- **Pray every day.** Ask for inspiration from God to show you how to increase your accountability to Him.
- **Think.** What am I doing that I am holding myself accountable for? What am I doing—or am supposed to be doing—that I’m being held accountable for?
- **Do.** Outline a plan to strengthen your sense of accountability in one area of your life. Include dates for implementing each step. Make the first date one day this week. Track your progress by checking off each step as you implement it.

**My Accountability Plan**

Steps	Date	Done!
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		



*19. Confidence*

**Express Your Faith this Week**

- **Pray every day.** Ask God for confidence in an area of your life in which you feel less than victorious.
- **Think.** Read all of Hebrews Chapter 4. What verses stand out from the rest as you read? Why?
- **Do.** Write your own bullet-point devotional. Include a title and ways to **Express Your Faith this Week**. Add more bullets if you need to. Even if you can't figure out what to do besides the bullet points, do those!

*19a* - \_\_\_\_\_

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**Express Your Faith this Week**

**Pray every day.**

---

**Think.**

---

**Do.**

---



*20. Deal Gently*

**Express Your Faith this Week**

- **Pray every day.** Express to God your feelings when someone does something you consider inappropriate or wrong from the Biblical point of view. Request wisdom to understand the motivation of actions that make you feel that way and for direction on how to deal gently in those situations.
- **Think.** What is it about that action that you consider going astray that makes you feel the way you do?
- **Do.** Write your thoughts on how you can deal gently as you help people you know who are in specific situations where the Bible makes it clear they are going astray. Be specific.

**How I can deal gently in specific situations.**

Situation	How to deal gently

- How do you deal gently with yourself when you know you've gone astray? Jot down examples of how you've done it or ideas of how you can do it.

---

---

---

---

---

---

---

---



*22. Still “Got milk?”*

**Express Your Faith this Week**

- **Pray every day.** Thank God for your ability to read and study His Word.
- **Think.** What areas of your relationship with God are milk-like in their depth and development?
- **Do.** Write a list of five specific steps you can take to move away from milk in one area. Take action by using one or more of the ways on your list this week.

**My milk area is:** \_\_\_\_\_

1.

---

2.

---

3.

---

4.

---

5.

---

6.

---

7.

---

---



*23. Grow Up*

**Express Your Faith this Week**

- **Pray every day.** Ask God to show you areas of spiritual understanding that are **milky** in your life knowing that God wants you to move beyond that stage.
- **Think.** How can you locate a resource you can use to move from milk to meat in one area? Hint: There are Bible studies and commentaries available online.
- **Do.** Spend time with a resource. Make a list of new **meaty** understandings you develop in the area you chose during your study time this week. Record your list on paper or in a computer file.
  - Write five questions for an interview between a reporter from the Heavenly Daily News and you. Make sure that the reporter’s questions focus on key points in your new, meaty knowledge.
  - Use this as the Reporter’s question #5 if you’d like to. “What is one way you will use this ‘meat’ in your Christian life?”

From Milk to Meat in the area of	
<b>Reporter</b>	
<b>Me</b>	
<b>Reporter</b>	
<b>Me</b>	
<b>Reporter</b>	
<b>Me</b>	
<b>Reporter</b>	
<b>Me</b>	
<b>Reporter</b>	
<b>Me</b>	
<b>Reporter</b>	
<b>Me</b>	



*25. Falling Away*

**Express Your Faith this Week**

- **Pray every day.** Ask God to show you what you can do daily to keep from falling away.
- **Think.** What will you do if you are in one of the three categories:
  - Christians actually lose their salvation.
  - Hypothetical explanation warning perpetually immature Christians.
  - Professing Christians who abandon their faith but maintain a Christian façade.
- **Do.** Read the story of the Prodigal Son (Luke 15:11-32). It's included in #25 of Table 1 at the end of this book. Many theologians believe that the parable is as much about the actions of the father in the story—God—as it is about either son. Look at the actions of the father toward his prodigal son. List four and explain how they mirror the action God takes in the lives of people who fall away from Him.

**A look at the actions of the father in the parable of The Prodigal Son**

Action of the father	How it mirrors God's actions
1.	
2.	
3.	
4.	
5.	

*26. Crops or Thistles*

**Express Your Faith this Week**

- **Pray every day.** Commit to use your spiritual land to grow crops of good deeds and faithfulness in your walk with God.
- **Think.** What is one place you can use the crops grown in your spirit to help others?
- **Do.** Draw a cartoon about the crops or thistles idea. It can humorous or serious.
  - If you're not an artist, imagine a scene. List five items in the scene and describe or explain the purpose of each item as it's portrayed in that scene.
  - The blank space below is for the cartoon.

**Scene Description and Explanations**

<b>Characteristics/Objects</b>	<b>Description/Explanation</b>
•	
•	
•	
•	
•	
•	



Hebrews Expressions of Faith

27. An Anchor

Here's a link to the words with an audio of the music to the hymn **We Have an Anchor**. Lyrics: Priscilla J. Owens//Music: William J. Kirkpatrick

<https://goo.gl/E7KBCG>

**Express Your Faith this Week**

- **Pray every day.** Look for those who see themselves in hopeless situations: refugees, homeless, traumatized, widows, or widowers. Ask God to help you be a source of hope for someone this week.
- **Think.** What can you do to be more hopeful, to channel hope to those you come in contact with? Jot down three of your ideas on the facing page.

**Three of my ideas**

1.

2.

3.

- **Do.** Write two lists.

Times when you felt hopeless and how God restored that hope.	Times when you were a conduit of hope to someone without hope.





*30. An Undivided Heart – Part 1*

**Express Your Faith this Week**

- **Pray every day.** Don't be afraid to express how you feel about the condition of your heart to God. If it's stony or divided, ask Him to fill your mind and heart with His healing presence.
- **Think.** What is something you are fully committed to? What is something you give lip service without full commitment to?

Committed to \_\_\_\_\_

Lip service to \_\_\_\_\_

- **Do.** Write a bulleted list of reasons for each of your choices.
  - Respond to the prompt between the tables.

Committed to	Lip service to
•	•
•	•
•	•
•	•
•	•
•	•

**Prompt: Looking at these lists makes me think about or feel ...**

---

---

---

---

---

---

---

---

---

---



*32. The New Covenant*

**Express Your Faith this Week**

- **Pray every day.** Ask the Holy Spirit to point out new understandings, New Covenant “Laws,” and God will write them on your heart.
- **Think.** Read Leviticus 1-4. What must it have been like to live under the Old Covenant where sacrifices were required daily?
- **Do.** Answer the questions in the table on the facing page.

**Why was the Old Covenant needed?**

---

---

---

---

**What must it have been like to live under the Old Covenant where sacrifices were required daily?**

---

---

---

---

**Why aren't sacrifices needed in the New Covenant?**

---

---

---

---

**Are you living your faith in the Old Covenant or New Covenant? Explain.**

---

---

---

---



**33. Sins of Ignorance**

**Express Your Faith this Week**

- **Pray every day.** Take people you know who are living lives of ignorance to God by name. Ask Him what you can do to show those people the truth.
- **Think.** Read the story of Samson (Judges 13-16). Have today’s bullet points handy while you read.
- **Do.** Write five questions for an interview between a reporter from the Judean Daily News and Samson just before he dies destroying the pagan temple. Make sure that the reporter’s questions focus on key points in Samson’s dependence on his strength and not on God. Use this as question #5 if you’d like to. “So, what’s your plan today when you get called into the King’s banquet?”

<b>Title:</b>	
<b>Reporter</b>	
<b>Samson</b>	
<b>Reporter</b>	
<b>Samson</b>	
<b>Reporter</b>	
<b>Samson</b>	
<b>Reporter</b>	
<b>Samson</b>	
<b>Reporter</b>	
<b>Samson</b>	



*34. Once for All*

**Express Your Faith this Week**

- **Pray every day.** Thank God for your clean heart.
- **Think.** Read all of Hebrews 9. Select 2-3 verses that stood out while you read.
- **Do.** Write your own bullet-point devotional. Include a title and ways to **Express Your Faith this Week**. Add more bullets if you need to. Even if you can't figure out what to do besides the bullet points, do those!

34a - \_\_\_\_\_

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**Express Your Faith this Week**

**Pray every day.**

---

**Think.**

---

**Do.**

---

---

*35. Cleansed with Blood?*

**Express Your Faith this Week**

- **Pray every day.** Thank God for the clean heart His blood provides you.
- **Think.** What waste has the blood of Christ removed from your heart? What replaced the waste?
- **Do.** Write a list of the waste products and a list of examples of food and oxygen that replaced that waste.

Waste Removed	Food and Oxygen
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪
▪	▪

*36. Original or Copy?*

**Express Your Faith this Week**

- **Pray every day.** Thank God for the originality of your Christian faith.
- **Think.** What would be different in your life if salvation was an imitation of what God demands? Hint: Old Covenant!
- **Do.** Write either a poem or a thank you note to God for the reality of your salvation.

**My poem/note**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

*37. Insanity?*

**Express Your Faith this Week**

- **Pray every day.** Commit yourself to follow the prompting of the Holy Spirit daily.
- **Think.** What is different about your life compared to the lives of non-Christians that you know?
- **Do.** Write a list of non-Christians you know. Add more numbers if you are led to pray for more than six people/families.
  - Pray for each person on your list by name.
  - Pray for their salvation and leaving the insanity of their worldly life behind.

**My List**

1.

---

2.

---

3.

---

4.

---

5.

---

6.

---

7.

---

8.

---

9.

---

10.

---

38. *Spur Others*

**Express Your Faith this Week**

- **Pray every day.** Thank God for the encouragers in your life. Make sure you include both current encouragers and those who encouraged you in the past. Call out the name of each encourager to God.
- **Think.** Who do you know that you can encourage? This can be one person, a family, or a list of either/both.
- **Do.** Write and deliver
  - A note of encouragement to someone in your life.

**And/Or**

- A thank you note to someone who encouraged you in your life or is an encouragement to you.
  - Include a specific example in each note you write.
  - The lines below are for your rough draft(s).

**My note(s)**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

*39. Dire Straits*

**Express Your Faith this Week**

- **Pray every day.** Confess any/all your deliberate sins. Ask forgiveness for each act of disobedience.
- **Think.** What might happen if you fell into the hands of the living God right now?
- **Do.** Write your answer to the think question as three lists or paragraphs. Be sure you include
  - thanking God for His forgiveness of those acts in your past.
  - committing to not sinning on purpose with His help.

**My thoughts/list**

---

---

---

---

---

---

---

---

---

---

**My thanks**

---

---

---

---

**My commitment**

---

---

---

---

---

Hebrews Expressions of Faith

*40. Lasting Possessions*

**Express Your Faith this Week**

- **Pray every day.** Focus on thinking back, suffering, and joyfully accepting your current spiritual and physical situations.
- **Think.** Why are those memories the ones your brain recalled?
- **Do.** Draw a cartoon about thinking back, suffering, or joyfully accepting. It can be humorous or serious. If you're not an artist, imagine a scene that represents "we are His house."
  - List five objects in the scene and describe or explain the purpose of each in the scene.
  - The blank space below is for the cartoon or fill in the list below that.

**Scene Description and Explanations**

Characteristics/Objects	Description/Explanation
•	
•	
•	
•	
•	

**DIGGING DEEPER #5**

- **Digging Deeper** prompts are invitations to revisit and reflect on an entire chapter.

**Ask and Answer**

---

---

---

---

---

---

---

---

---

---

---

---

**Think and Write**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



Hebrews Expressions of Faith

*41. Don't Shrink Back*

**Express Your Faith this Week**

- **Pray every day.** Thank God for the confidence you have in your salvation. If you can't do that, pray and confess your sins, repent of those acts, and ask for God's salvation.
- **Think.** What are specific spiritual areas in which you have confidence?
- **Do.** Write a bulleted list of your thoughts.
  - Pick one thought.
  - Write "a phrase of praise" for that confidence.

**My thoughts**

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**My Phrase of Praise**

Hebrews Expressions of Faith

**Express Your Faith this Week**

- **Pray every day.** Ask God to clarify and strengthen your understanding of faith.
- **Think.** How do you define faith?
- **Do.** Write your definition on the first lines in the table below.
  - Compare or contrast your definition with one of those above.
  - Circle the name of the Bible version you compared or contrasted with your definition.

---

**My Definition of Faith**

---



---



---



---



---

I choose The Voice / The Message / The Expanded Bible / King James Version
--

**Compare / Contrast**

---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---

**43. Hebrews 11 – Faith #2**

Express Your Faith this Week

- **Pray every day.** Thank God for your faith in Him.
- **Think.** *Faith is not a verb. But almost all of Hebrews 11 says: by faith. So my take is that though we don't "faith" something, we do make choices and act based on the measure (size) of our faith. "I do believe, help me with my unbelief." It seems to me that the best way to get more faith is to act by faith. Based on the words of Jesus, apparently all we need is a little faith—mustard seed. To me that is interesting because I often think about faith like I think about a gas tank. Seems like we need a full tank, but probably not. Rev. Keith Newman, Ph.D. President of Southern Nazarene University.*
  - What stage is your faith? If you had to rank it from 0 (None) → 10 (One of today's examples), where would you place your faith? **(See also #43 in Table 1.)**
- **Do.** Write a thank you note to God for the faith you have. Or, write a prayer asking God to increase your faith. Either way, finish your piece of writing with a short action plan to grow your faith.

**Note/Prayer**

---

---

---

---

---

---

---

---

---

---

**Action Plan**

---

---

---

---

---

---

---

---

---

---

Hebrews Expressions of Faith

44. Hebrews 11 – Faith #3

**Express Your Faith this Week**

**Note:** This week’s list is in a different order for a reason. It’s not a misprint!

- **Do.** Follow this URL—the second one is a shortened version. <http://www.jfhp.org/prayer-praise/prayerpartnerupdate> <https://goo.gl/BhLeKR>  
Open the prayer list for the month. Find an example of faith in action.
- **Pray every day.** Ask God for grace for and to bless the people in the example you chose. Be as specific as you can.
- **Think.** What can you do to help organizations like The Jesus Film Ministry?
- **Do.** Select a faith-based ministry.
  - Do what you can by action or donating to assist that ministry in the work they are doing.
  - Jot down what you did.
  - Return to that ministry’s webpage from time to time and update what your actions helped accomplish for God.

Date	Change in the ministry’s results
	▪
	▪
	▪
	▪
	▪
	▪
	▪
	▪
	▪

Hebrews Expressions of Faith

45. Hebrews 11 – Faith #4

**Express Your Faith this Week**

- **Pray every day.** Give thanks for how your faith impacts your daily life and the lives of those around you.
- **Think.** Read all of Hebrews 11 at least twice. What aspects of your faith do you feel are strong? Which aspects of your faith are weak?
- **Do.** Fill in the T-chart for STRONG and weak aspects of your faith. Below the chart write a list of brainstorm ideas about what you can do to move at least one aspect of your faith from weak to STRONG.

**My Faith T-chart**

weak	STRONG
•	•
•	•
•	•
•	•
•	•

**Brainstorm Ideas**


Hebrews Expressions of Faith

46. Hebrews 11 – Faith #5

**Express Your Faith this Week**

- **Pray every day.** Ask God to show you how you can use Scripture and other resources to build a strong faith relationship with Jesus.
- **Think.** Where can you start in the Scriptures to learn more about faith?
- **Do.** Below is a list of four Old Testament characters mentioned in Hebrews 11. Read the Scripture passages listed. Select one character and write a bullet-point faith biography of that person.
  - Include times when faith was great and when it wasn't.
  - End with a one-sentence Lesson Learned.

**Gideon** (Judges 6-8), **Barak**, (Judges 4:6-5:12),  
**Samson** (Judges 13-16), **Elijah** (1 Kings 18:1-19:18)

**Character:** \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

- \_\_\_\_\_

---

**Lesson Learned**

---



---



---



---



---



---

*47. Discipline*

**Express Your Faith this Week**

- **Pray every day.** Thank God for areas in your life where you feel disciplined. Admit that you need help in areas where you feel discipline is lacking. Ask God for strength to accept His discipline in the weak areas.
- **Think.** Follow this link to my blog post on Spiritual Disciplines: <https://goo.gl/EnGUBe>. Read the post. What Spiritual discipline(s) are you prompted to initiate?
- **Do.** Write an action plan for implementing at least one new Spiritual Discipline in your life.
  - Include a timeline for that implementation and stick to it.

<b>Spiritual Discipline(s) I Choose</b>
---

**Implementation Plan**

Steps	Timeline
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	





*49. A View of Heaven*

**Express Your Faith this Week**

- **Pray every day.** Thank God for the promise of heaven for faithful Christians.
- **Think.** Read Hebrews 12. What two or three verses stand out to you?
- **Do.** Write your own bullet-point devotional. Include a title and ways to **Express Your Faith this Week**. Add more bullets if you need to. Even if you can't figure out what to do besides the bullet points, do those!

*49a* - \_\_\_\_\_

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**Express Your Faith this Week**

**Pray every day.**

---

**Think.**

---

**Do.**

---

---

*50. Entertaining Angels*

**Express Your Faith this Week**

- **Pray every day.** Ask God to show you people to whom you can show hospitality. Commit to being more hospitable.
- **Think.** What are ways I can be more hospitable to people in my neighborhood?
- **Do.** Write a bulleted list of your thoughts.
  - Pick one thought and write “a phrase of praise” for hospitality in your life.

**My thoughts**

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

•

---

**My Phrase of Praise**







## Hebrews Expressions of Faith

**The End ...**

... of this expanded answer space for your study book.

**Your journey with God continues!**

\*\*\*\*\*

- I hope you enjoyed this series of devotional thoughts.
- **More than that**, I hope you thought about how you can apply these Scriptures to your life.
- **Still more than that**, I hope you apply truth revealed to you.
- **Finally**,

**may the grace of God, the love of the Lord Jesus Christ, and the power of the Holy Spirit sooth your mind, fill your heart, and direct your actions.**

Sincerely,  
**C. R. (Chuck) Downing**  
2021